# NPS Emergency Response Checklist

## Toiletries and Medications
- Toothbrush, toothpaste, dental floss
- Skin moisturizer, hand lotion, lip balm, sunblock
- Razor, extra blades, saving lotion
- Body soap, shampoo
- Towels, thin for quicker drying
- Alcohol based hand sanitizer
- Scissors, nail clippers, tweezers
- Toilet paper, Q-tips, cotton swabs
- Feminine hygiene products
- Insect repellant
- Common medical items (aspirin, Band-Aids, histamines, etc.)
- Prescription medication
- Extra pair of prescription glasses with case, repair kit & prescription copy
- Contact lenses, lens cleaners
- Other toiletries and medications as needed

## Clothing and Weather Protection
- Up to a two week supply of durable clothing
- Hat, sunglasses
- Boots or sturdy shoes
- Shower shoes
- Sweaters, jacket or coat to match weather conditions
- Rain gear
- Work gloves
- Waterproof watch
- Other clothing as needed

## Daily Living
- Cash (electrical power may be out for ATMs and Credit Cards)
- Cell phone with charger
- Flashlight with spare batteries
- Disposable camera
- Study pocket knife, or knife combo set
- Large, waterproof ziplock bags for personal documents
- Medium sized ziplock bags for personal items
- Plastic trash bag for soiled clothes
- Sleeping bag and pad if room (ask if needed)
- ICS training material from on-line courses
- Other personal items (battery powered clock, bandanas, tissues, etc.)